



TrainHeroic App

Are you looking for a specific workout for you, your family, or your unit that that can be used anytime, anywhere for free?

And it is as simple as:

- 1) Downloading the free TrainHeroic Mobile App via iOS Store/Google Play Store
- 2) Skip login, and enter Access Code **5448**, then “next”, “join team”, and then create your account

Start training!

Enabling America's Combat Edge